

# June 2019 MC

Mon

Tue

Wed

Thu

Fri

Sat

**Activities in bold are held off the memory care unit and are supervised by staff**

Activities subject to change based on residents needs or interests

2  
10:00 Read Newspaper/  
Current Events iN2L  
**11:00 Church Service CH**  
1:00 Rest & Relax  
2:30 Coffee Break  
3:00 Jigsaw Puzzles  
4:00 Music Break

3  
**10:00 Exercise CH**  
1:30 Sing Along w/Lindsay  
2:30 Coffee Break  
3:00 Afternoon Movie/Rest & Relax

4  
**10:00 Walking Club**  
10:45 Chapel Time w/ Joy  
1:00 Rest & Relax  
2:00 Folk Tales  
2:30 Coffee Break  
3:00 Bean Bag Toss  
4:00 Music Break

5  
**10:00 Exercise CH**  
**10:00 Pedicab Rides?**  
1:00 Rest & Relax  
2:00 Let's Chat  
2:30 Coffee Break  
3:00 Jigsaw Puzzles  
4:00 Music Break

6  
**10:00 Walking Club**  
10:30 Therapy Dog  
1:00 Rest & Relax  
2:00 Sing Along  
2:30 Coffee Break  
3:00 Trivia  
4:00 Music Break

7  
9:30 Manicures  
**10:00 Exercise CH** or iN2L  
1:00 Rest & Relax  
2:00 Staff Choice Activity  
2:30 Coffee Break  
3:00 Balloon Volleyball  
**4:00 Mass CH** or Music

8  
10:00 Exercise iN2L  
10:30 Brain Games iN2L  
1:00 Rest & Relax  
2:00 Word Puzzles  
2:30 Coffee Break  
3:00 BINGO  
4:00 Music Break

9  
10:00 Read Newspaper/  
Current Events iN2L  
**11:00 Church Service CH**  
1:00 Rest & Relax  
2:30 Coffee Break  
3:00 Card Games  
4:00 Music Break

10  
**10:00 Exercise CH**  
1:30 Sing Along w/Lindsay  
2:30 Coffee Break  
3:00 Afternoon Movie/Rest & Relax

11  
**10:00 Walking Club**  
10:45 Chapel Time w/ Joy  
1:00 Rest & Relax  
**2:00 Ragtime Music CR**  
2:30 Coffee Break  
3:00 Bean Bag Toss  
4:00 Music Break

12  
**10:00 Exercise CH**  
**10:00 Pedicab Rides?**  
1:00 Rest & Relax  
2:00 Bubble Popper iN2L  
2:30 Coffee Break  
3:00 Card Games  
4:00 Music Break

13  
**10:00 Walking Club**  
10:30 Therapy Dog  
1:00 Rest & Relax  
2:00 Sing Along  
2:30 Coffee Break  
3:00 Trivia  
4:00 Music Break

14  
9:30 Manicures  
**10:00 Exercise CH** or iN2L  
1:00 Rest & Relax  
2:00 Staff Choice Activity  
2:30 Coffee Break  
3:00 Patio/Gardening  
**4:00 Mass CH** or Music

15  
10:00 Exercise iN2L  
10:30 Brain Games  
1:00 Rest & Relax  
2:00 Aqua Painting  
2:30 Coffee Break  
3:00 Arm Chair Travel iN2L  
4:00 Music Break

16  
10:00 Read Newspaper/  
Current Events iN2L  
**11:00 Church Service CH**  
1:00 Rest & Relax  
2:30 Coffee Break  
3:00 Conversation Sl  
4:00 Music Break

17  
**10:00 Exercise CH**  
1:30 Sing Along w/Lindsay  
2:30 Coffee Break  
3:00 Afternoon Movie/Rest & Relax

18  
**10:00 Walking Club**  
10:45 Chapel Time w/ Joy  
1:00 Rest & Relax  
2:00 Chicken Soup for the Soul  
2:30 Coffee Break  
3:00 Name that Sound iN2L  
4:00 Music Break

19  
**10:00 Exercise CH**  
**10:00 Pedicab Rides**  
1:30 Ukulele Sing-Along  
2:30 Coffee Break  
3:00 Afternoon Movie/Rest & Relax

20  
**10:00 Walking Club**  
10:30 Gardening  
1:00 Rest & Relax  
2:00 Sing Along  
2:30 Coffee Break  
3:00 Trivia  
4:00 Music Break

21  
**10:00 Exercise CH** or iN2L  
10:45 Brain Games  
1:00 Rest & Relax  
2:00 Staff Choice Activity  
2:30 Coffee Break  
3:00 Patio/Gardening  
**4:00 Mass CH** or Music

22  
10:00 Exercise iN2L  
10:30 Brain Games  
1:00 Rest & Relax  
2:00 Hangman iN2L  
2:30 Coffee Break  
3:00 Penny Ante  
4:00 Music Break

23/30  
10:00 Read Newspaper/  
Current Events iN2L  
**11:00 Church Service CH**  
1:00 Rest & Relax  
2:30 Coffee Break  
3:00 Pass the Pigs  
4:00 Music Break

24  
10:00 Exercise iN2L  
1:00 Afternoon Movie  
2:30 Coffee Break  
3:00 Patio

25  
**10:00 Walking Club**  
10:45 Chapel Time w/Joy  
1:00 Rest & Relax  
2:00 Troll Stories  
2:30 Coffee Break  
3:00 Patio,weather permitting  
or Name That Sound iN2L  
4:00 Music Break

26  
**10:00 Exercise CH**  
**10:00 Pedicab Rides**  
1:00 Rest & Relax  
2:00 Bubble Popper iN2L  
2:30 Coffee Break  
3:00 Aqua Painting  
4:00 Music Break

27  
**10:00 Walking Club**  
10:30 Gardening  
1:00 Rest & Relax  
2:00 Sing Along  
2:30 Coffee Break  
3:00 Trivia  
4:00 Music Break

28  
9:30 Manicures  
**10:00 Exercise CH** or iN2L  
**1:30 Ice Cream Social Crest Patio**  
2:30 Coffee Break  
3:00 Staff Choice Activity  
**4:00 Mass CH** or Music

29  
10:00 Exercise iN2L  
10:30 Brain Games  
1:00 Rest & Relax  
2:00 Hangman iN2L  
2:30 Coffee Break  
3:00 Patio/weather permittin  
4:00 Music Break

