



August 2019 MC



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Activities in bold are held off the memory care unit and are supervised by staff</p>	<p>Activities subject to change based on residents needs or interests</p>			<p>1 10:30 Therapy Dog 1:00 Rest & Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia or Patio 4:00 Music Break</p>	<p>2 9:30 Manicures 2:30 Coffee Break 3:00 Staff Choice Activity 4:00 Mass CH or Music</p>	<p>3 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:00 Rest & Relax 2:00 Art/Coloring 2:30 Coffee Break 3:00 Penny Ante 4:00 Music Break</p>
<p>4 10:00 Read Newspaper/ Current Events iN2L 11:00 Church Service CH 1:00 Rest & Relax 2:30 Coffee Break 3:00 Jigsaw Puzzles 4:00 Music Break</p>	<p>5 10:00 Exercise CH 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie/Rest & Relax</p>	<p>6 10:00 Walking Club 10:45 Chapel Time w/ Joy 1:00 Rest & Relax 2:00 Folk Tales 2:30 Coffee Break 3:00 Bean Bag Toss/Patio 4:00 Music Break w/Beth</p>	<p>7 10:00 Exercise CH 11:15 VBS Performance 1:00 Rest & Relax 2:00 Let's Chat 2:30 Coffee Break 3:00 Jigsaw Puzzles 4:00 Music Break</p>	<p>8 10:00 Walking Club 10:30 Therapy Dog 1:00 Rest & Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>9 9:30 Manicures 10:00 Exercise CH or iN2L 1:00 Rest & Relax 2:00 Staff Choice Activity 2:30 Coffee Break 3:00 Balloon Volleyball 4:00 Mass CH or Music</p>	<p>10 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:00 Rest & Relax 2:00 Word Puzzles 2:30 Coffee Break 3:00 BINGO 4:00 Music Break</p>
<p>11 10:00 Read Newspaper/ Current Events iN2L 11:00 Church Service CH 1:00 Rest & Relax 2:30 Coffee Break 3:00 Card Games 4:00 Music Break</p>	<p>12 10:00 Exercise CH 1:00 Rest & Relax 2:00 Poetry Reading 2:30 Coffee Break 3:00 Fun noodle Ball 4:00 Music Break</p>	<p>13 10:00 Walking Club 10:45 Chapel Time w/ Joy 1:00 Rest & Relax 2:00 Short Story 2:30 Coffee Break 3:00 Ring Toss/Patio 4:00 Music Break</p>	<p>14 10:00 Exercise CH 10:00 Pedicab Rides 1:00 Rest & Relax 2:00 Bubble Popper iN2L 2:30 Coffee Break 3:00 Card Games 4:00 Music Break</p>	<p>15 10:00 Walking Club 10:30 Therapy Dog 1:00 Rest & Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>16 9:30 Manicures 10:00 Exercise iN2L 1:00 Rest & Relax 2:00 Staff Choice Activity 2:30 Coffee Break 3:00 Patio/Gardening 4:00 Mass CH or Music</p>	<p>17 10:00 Exercise iN2L 10:30 Brain Games 1:00 Rest & Relax 2:00 Aqua Painting 2:30 Coffee Break 3:00 Arm Chair Travel iN2L 4:00 Music Break</p>
<p>18 10:00 Read Newspaper/ Current Events iN2L 11:00 Church Service CH 1:00 Rest & Relax 2:30 Coffee Break 3:00 Conversation Sticks 4:00 Music Break</p>	<p>19 10:00 Exercise iN2L 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie/Rest & Relax</p>	<p>20 10:00 Walking Club 10:45 Chapel Time w/ Joy 1:00 Rest & Relax 2:00 Short Story 2:30 Coffee Break 3:00 Bowling/Patio 4:00 Music Break w/Beth</p>	<p>21 10:00 Exercise CH 10:00 Pedicab Rides 1:30 Ukulele Sing-Along 2:30 Coffee Break 3:00 Afternoon Movie/Rest & Relax</p>	<p>22 10:00 Walking Club 10:30 Therapy Dog 1:00 Rest & Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>23 10:00 Exercise CH or iN2L 10:45 Brain Games 1:00 Rest & Relax 2:00 Staff Choice Activity 2:30 Coffee Break 3:00 Patio/Gardening 4:00 Mass CH or Music</p>	<p>24 10:00 Exercise iN2L 10:30 Brain Games 1:00 Rest & Relax 2:00 Hangman iN2L 2:30 Coffee Break 3:00 Penny Ante 4:00 Music Break</p>
<p>25 10:00 Read Newspaper/ Current Events iN2L 11:00 Church Service CH 1:00 Rest & Relax 2:30 Coffee Break 3:00 Pass the Pigs 4:00 Music Break</p>	<p>26 10:00 Exercise iN2L 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie/Rest & Relax</p>	<p>27 10:45 Chapel Time w/Joy 1:00 Rest & Relax 2:00 Short Story 2:30 Coffee Break 3:00 Patio or Name That Sound iN2L 4:00 Music Break</p>	<p>28 10:00 Pedicab Rides 1:00 Rest & Relax 2:00 Bubble Popper iN2L 2:30 Coffee Break 3:00 Aqua Painting 4:00 Music Break</p>	<p>29 10:00 Walking Club 10:30 Therapy Dog 1:00 Rest & Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>30 10:00 Exercise CH or iN2L 10:45 Brain Games 1:00 Rest & Relax 2:00 Staff Choice Activity 2:30 Coffee Break 3:00 Patio/Gardening 4:00 Mass CH or Music</p>	<p>31 10:00 Exercise iN2L 10:30 Brain Games 1:00 Rest & Relax 2:00 Hangman iN2L 2:30 Coffee Break 3:00 Penny Ante 4:00 Music Break</p>