



# March 2020 MC



**Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat**

<p>1 10:00 Read Newspaper/ Current Events <b>11:00 Church Service CH</b> 1:30 Rest &amp; Relax 2:30 Coffee Break 3:00 Jigsaw Puzzles</p>	<p>2 <b>10:00 Exercise CH</b> 10:45 Small Group Activity 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie</p>	<p>3 10:00 St Patrick's Day Craft Project 1:00 Rest &amp; Relax 2:00 Troll Tales 2:30 Coffee Break 3:00 Matching Game 4:00 Music Break</p>	<p>4 <b>10:00 Exercise CH</b> 10:45 Brain Games 1:00 Rest &amp; Relax 2:00 Bubble Popper iN2L 2:30 Coffee Break 3:00 Card Games 4:00 Music Break</p>	<p>5 9:30 Manicures 10:30 Therapy Dog 1:00 Rest &amp; Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>6 <b>10:00 Exercise CH</b> 10:45 Hand Massages 1:00 Rest &amp; Relax 2:00 Staff Choice 2:30 Coffee Break 3:00 Balloon Volleyball <b>4:00 Mass CH or Music</b></p>	<p>7 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:00 Rest &amp; Relax 2:00 Art/Coloring 2:30 Coffee Social 3:00 Penny Ante 4:00 Music Break</p>
<p>8 10:00 Read Newspaper/ Current Events <b>11:00 Church Service CH</b> 1:30 Rest &amp; Relax 2:30 Coffee Break 3:00 Jigsaw Puzzles <b>Day Light Saving Begins</b></p>	<p>9 <b>10:00 Exercise CH</b> 10:45 Small Group Activity 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie</p>	<p>10 10:00 Small Group Activity 10:45 Chapel Time w/Joy <b>1:30 Victory Chorus Sing Along CH</b> 2:30 Coffee Break 3:00 Matching Game 3:30 Rest &amp; Relax</p>	<p>11 <b>10:00 Exercise CH</b> 10:45 Brain Games 1:00 Rest &amp; Relax 2:00 3 of the Same Game 2:30 Coffee Break 3:00 4:00</p>	<p>12 9:30 Manicures 10:30 Therapy Dog 1:00 Rest &amp; Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>13 <b>10:00 Exercise CH</b> 10:45 Hand Massages 1:00 Rest &amp; Relax 2:00 Staff Choice 2:30 Coffee Break 3:00 Rest &amp; Relax <b>4:00 Mass CH or Music</b></p>	<p>14 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:00 Rest &amp; Relax 2:00 Word Puzzles 2:30 Coffee Social 3:00 Penny Ante 4:00 Music Break</p>
<p>15 10:00 Read Newspaper/ Current Events <b>11:00 Church Service CH</b> 1:30 Rest &amp; Relax 2:30 Coffee Break 3:00 Card Games</p>	<p>16 <b>10:00 Exercise CH</b> 10:45 Small Group Activity 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie</p>	<p>17 10:0 Small Group Activity 10:45 Chapel Time w/Joy 1:00 Rest &amp; Relax 2:30 Coffee Break 3:00 Arm Chair Travel- Ireland iN2L 4:00 Music Break <b>St Patrick's Day</b> </p>	<p>18 <b>10:00 Exercise CH</b> 10:45 Brain Games 1:30 Ukulele Sing-Along w/ Christina 2:30 Coffee Break 3:00 Rest &amp; Relax 4:00 Art/Coloring</p>	<p>19 9:30 Manicures 10:30 Therapy Dog 1:00 Rest &amp; Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>20 <b>10:00 Exercise CH</b> 10:45 Hand Massages 1:00 Rest &amp; Relax 2:00 Staff Choice 2:30 Coffee Break 3:00 Funnoodle Ball <b>4:00 Mass CH or Music</b></p>	<p>21 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:00 Rest &amp; Relax 2:00 St Patrick's Day Trivia 2:30 Coffee Social 3:00 Penny Ante 4:00 Music Break</p>
<p>22 10:00 Read Newspaper/ Current Events <b>11:00 Church Service CH</b> 1:30 Rest &amp; Relax 2:30 Coffee Break 3:00</p>	<p>23 <b>10:00 Exercise CH</b> 10:45 Small Group Activity 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie</p>	<p>24 10:00 Small Group Activity 10:45 Chapel Time w/Joy 1:00 Rest &amp; Relax 2:00 Chicken Soup for Soul 2:30 Coffee Break 3:00 Bowling 4:00 Music Break</p>	<p>25 <b>10:00 Exercise CH</b> 10:45 Brain Games 2:30 Coffee Break 1:00 Rest &amp; Relax 2:00 Let's Chat 2:30 Coffee Break 4:00 Music Break</p>	<p>26 9:30 Manicures 10:30 Therapy Dog 1:00 Rest &amp; Relax 2:00 Sing Along 2:30 Coffee Break 3:00 Trivia 4:00 Music Break</p>	<p>27 <b>10:00 Exercise CH</b> 10:45 Hand Massages 1:00 Rest &amp; Relax 2:00 Staff Choice 2:30 Coffee Break 3:00 BINGO <b>4:00 Mass CH or Music</b></p>	<p>28 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:00 Rest &amp; Relax 2:00 Aqua Painting 2:30 Coffee Social 3:00 Penny Ante 4:00 Music Break</p>
<p>29 10:00 Read Newspaper/ Current Events <b>11:00 Church Service CH</b> 1:30 Rest &amp; Relax 2:30 Coffee Break 3:00 Pass the Pigs</p>	<p>30 10:00 Crafts 10:45 Small Group Activity 1:30 Sing Along w/Lindsay 2:30 Coffee Break 3:00 Afternoon Movie</p>	<p>31 10:00 Small Group Activity 10:45 Chapel Time w/Joy <b>1:30 Music-Joseph Koti- ranta CH</b> 2:00 Folk Tales 2:30 Coffee Break 3:00 Bowling 4:00 Rest &amp; Relax</p>	<p><b>Activities in bold are held off the memory care unit and are su- pervised by staff</b></p>	<p>Activities subject to change based on resi- dents needs or interests.</p>		