



February 2023 MC



Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 10:00 Chair Yoga 1-2:30 Manicures 2:30 Coffee Break	2 10:00 Bone Builders CH 1:30-4:30 Activities w/Dale 2:30 Coffee Break	3 9:30-11:30 Activities w/ Sally 1:30-4:30 Activities w/Dale 2:30 Coffee Break 3:30 Praying the Rosary CH 4:00 Mass CH/67	4 2:30 Coffee Break
5 11:00 Church Service CH/67 2:30 Coffee Break	6 Chaplain Visits in the Morning 1-3:00 Movie CH 2:30 Coffee Break	7 10:00 Bone Builders CH 1:30-4:30 Activities w/Dale 2:30 Coffee Break	8 10:00 Chair Yoga 1-2:30 Manicures 2:30 Coffee Break	9 10:00 Bone Builders CH 1:30-4:30 Activities w/Dale 2:30 Coffee Break	10 9:30-11:30 Activities w/ Sally 1:30 Live Entertainment-Bill & Kate Isles CH 2:30 Coffee Break 3:30 Praying the Rosary CH 4:00 Mass CH/67	11 2:30 Coffee Break
12 11:00 Church Service CH/67 2:30 Coffee Break 4:30 SuperBowl on FOX	13 Chaplain Visits in the Morning 1-3:00 Movie CH 2:30 Coffee Break	14 10:00 Bone Builders CH 10:45 Hymns w/Joy 1:30-4:30 Activities w/Dale 2:30 Coffee Break	15 10:00 Chair Yoga 1-2:30 Manicures 2:30 Coffee Break	16 10:00 Bone Builders CH 9:30-11:30 Activities w/ Sally 1:30-4:30 Activities w/Dale 2:30 Coffee Break	17 9:30-11:30 Activities w/ Sally 1:30-4:30 Activities w/Dale 2:30 Coffee Break 3:30 Praying the Rosary CH 4:00 Mass CH/67	18 2:30 Coffee Break
19 11:00 Church Service CH/67 2:30 Coffee Break	20 Chaplain Visits in the Morning 1-3:00 Movie CH 2:30 Coffee Break	21 10:00 Bone Builders CH 1:30-4:30 Activities w/Dale 2:30 Coffee Break	22 10:00 Chair Yoga 11:00 Ecumenical Ash Wednesday Worship Service CH 1-2:30 Manicures 2:30 Coffee Break	23 10:00 Bone Builders CH 1:30 Live Entertainment-Erik Huberty CH 2:30 Coffee Break	24 9:30-11:30 Activities w/ Sally 1:30 Live Entertainment-DSSO CH 2:30 Coffee Break 3:30 Praying the Rosary CH 4:00 Mass CH/67	25 2:30 Coffee Break
26 11:00 Church Service CH/67 2:30 Coffee Break	27 Chaplain Visits in the Morning 1-3:00 Movie CH 2:30 Coffee Break	28 10:00 Bone Builders CH 10:45 Hymns w/Joy 1:30-4:30 Activities w/Dale 2:30 Coffee Break				Activities in Bold Print are held off the memory care unit and are supervised by staff