



DISCOVER ECUMEN LAKESHORE

Invitingly friendly. Casually elegant. On the shores of Lake Superior.

Amid the grandeur of Duluth’s century-old homes, our beautiful campus captures the energy of waves and water, towering pines, gentle walking trails and stunning lakefront views. Here’s a special place to renew your spirit and refresh your soul.

For over 85 years, we’ve developed a strong reputation in Northern Minnesota as a provider of senior care. Today, we are known as the premier senior living campus in Greater Duluth.

We invite you to view our distinctive floor plans and explore the different neighborhoods at Lakeshore, including our independent and assisted living, memory care, and our short-stay & complex medical rehabilitation center which provides exceptional nursing, physical, occupational and speech therapy services. And, the caring professionals of Ecumen Home Care - Lakeshore who provide compassionate, skilled care to assist you with healing and healthy living.

LAKESHORE CAMPUS AMENITIES

You may be surprised by all the services and amenities Lakeshore offers; from life enrichment choices to lakeside walking trails and scenic views. People from Lakeshore and beyond, dine at the Cascade Café, meet in the Club Room, attend worship services in the Elsing Chapel, and come to our special events.

Our expansive services and amenities include:

- Cascade Café is open to the public 8 a.m. to 4 p.m.
- Courtyard Grille offers fine dining by reservation
- Elsing Chapel
- Club Room with a fireplace & bar for entertaining and community events
- Cooler by the Lake Gift Shop, conveniently located at the entrance
- Courtyards leading to paved walking trails
- Rental guest suites for visitors
- Fireside party room with a kitchen and a dance floor
- Satellite television
- High-speed internet services and wifi
- Transportation

- ◀ THE CREST
- ◀ THE SHORES
- ◀ THE FOUNTAINS
- ◀ HOME CARE
- ◀ HOSPICE



For over 160 years, Ecumen has been committed to excellence and quality. We are a nonprofit company with a wide array of housing options and services that range from home care to memory care to skilled care and rehabilitation services. Since 1930, Ecumen Lakeshore has provided health care and housing to local seniors. Our campus offers a continuum of care with independent living apartments, assisted living, memory care, short-stay and rehabilitation center, home care, and hospice.

ECUMEN® Lakeshore

ecumenlakeshore.org | 218-625-7805
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Inspired Senior Living on the shores of Lake Superior



THE CREST

INDEPENDENT APARTMENT LIVING



Charmingly contemporary. Comfortably elegant. The Crest is Lakeshore's 62+ independent living neighborhood overlooking Lake Superior. Meet fun-loving friends and enjoy entertaining events. Enjoy the sound of waves breaking on the shore and close-up views of passing ships and shorebirds.

- Courtyard, and paved lakeside walking trails
- One-, and two-plus bedroom floor plans
- Apartment sizes up to 1,866 square feet
- Each apartment has deck or patio
- Full kitchens and in-apartment laundry rooms
- Access to all Lakeshore campus amenities
- Fitness center overlooking Lake Superior
- Fireside party room with kitchen and dance floor
- Frequent resident socials and happy hours
- Underground heated parking

"My mom has lived on the Lakeshore campus for over 10 years, this has become home for her. She has gone through the stages from the independent apartments to short-stay rehabilitation and now she's in memory care assisted living. Lakeshore has an absolutely beautiful environment but the people are truly what make the difference. The consistency of the staff is comforting and accommodating. It's peace of mind for our family." - Tom Renier



THE SHORES

ASSISTED LIVING

The care you want. The independence you deserve. The Shores includes 40 assisted living apartments in a comfortable neighborhood with caregivers who assist with the tasks of daily living. We provide gentle reminders so you'll never again have to worry about your loved one taking medications. Our highly trained staff honors & supports each individual's unique need.

- One- and two-bedroom floorplans with full kitchens
- Two meals daily in courtyard views dining room
- 24-hour licensed care staff available
- Security and daily checks
- Daily life enrichment programming
- Weekly housekeeping and linens
- Scheduled transportation
- Quite Care® monitoring system



THE SHORES

MEMORY CARE

Invitingly cozy. Gently comforting. Our memory care neighborhood is a safe place for your loved one. The Shores offers 20 apartments in a secure environment specifically designated for memory care, with the kind of consistent staffing that makes a difference.

- Private apartments with bedroom, living/dining room, private bath and kitchen
- 24-hour care staff
- Safety checks
- Life enrichment activities centered on the individual
- Three meals daily in a family dining area
- Housekeeping and laundry service
- Individualized care plans
- Garden room
- Monthly fees determined by the level of care provided
- Quite Care® monitoring system
- Private secure courtyard



THE FOUNTAINS

REHABILITATIONS & SHORT-TERM STAYS

Innovative programs. Private suites. The Fountains, the region's premier short-stay and complex medical rehabilitation center. With 60 private rooms in a serene setting, we provide access to Lakeshore's amenities and natural beauty. Our unwavering dedication and exceptional outcomes ensure our clients return home after successful rehabilitation.

- Private rooms & baths for personalized comfort
- Best-in-class staffing ratios for individualized attention
- Exceptional dining including a variety of choices and options
- On-site physician coverage for comprehensive care
- Complex skilled nursing services available 24/7
- Short-term rehabilitation with physical, occupational, and speech therapy
- Pre-planning for seamless post-surgical rehabilitation
- In-room Wi-Fi and satellite television for connectivity and entertainment
- Two-way nurse call communication for prompt assistance

Experience transformative rehabilitation at The Fountains. Our compassionate care, innovative programs, and commitment to your well-being set us apart. Schedule a personalized tour today and discover how we can support your path to recovery.

Costs for short-stay rehabilitation at The Fountains reflect Medicare government reimbursement policies and private insurance. Rates vary, based on individual patient needs.



ECUMEN HOME CARE

LAKESHORE

Skilled professionals. Cheerful companions. Lakeshore offers the personal assistance you need to stay in your home as long as possible. Our staff of RNs, LPNs, homemakers, home health aides, and therapists are trained to provide superb services and care.

Our compassionate, skilled staff assists you as you heal and regain your strength.

When your physician orders skilled nursing services, our licensed professionals provide:

- Physical, occupational and speech therapies
- Catheter care
- Infection control
- Ostomy care
- Disease management
- Tracheotomy care
- Pain management
- Wound care
- Medication management
- Injections
- IV therapy
- Infusion therapy

Ecumen Home Care accepts Medicare, VA, private insurance and private pay.

Private personal care services in the comfort of your home:

- Companion care
- Escorts for appointments
- Assistance with mobility/walking
- Dressing and grooming
- Meal preparation and dining assistance
- Personal hygiene/bathing
- Incontinence care
- Light cleaning
- Palliative and comfort care
- 24-hour care in your home
- Dementia/memory care

These services are private pay only.